

INTERNATIONAL **SPORT FOR ALL** LEADER EDUCATION

Special invitation to students from Eastern European countries - 2014.

Gerlev Physical Education and Sports Academy in Denmark offers an international sports leader training course – The International Sports for All Leader Education – for young students who would like to spend the autumn semester - 18 weeks - at Gerlev P.E. and Sports Academy in Denmark. The course is open to students from Europe, Asia, North and South America. However, this is a special invitation to students from Eastern Europe.

Dates:

Sunday August 17th – Saturday December 20th 2014 – 18 weeks.

Please note that the deadline for applying for the course is May 25th 2014.

Purpose:

The main purpose of this educational program is to offer a sports leaders education to international students who wish to work as youth leaders and instructors in areas of sports, health and tourism. The secondary purpose is a desire to promote international cooperation between young students from all over the world.

The third purpose is to promote the Global Initiative for Active Living.

Background - Gerlev P.E. and Sports Academy

The Academy was founded in 1938 as an international highly respected institution for education of youth leaders for the sport for all development in Denmark.



The specific goals with the International Sports for All Leaders Education

The educational program at Gerlev P.E. and Sports Academy will improve the individual's competence and skills in how

- to improve leaders skills in different sports e.g. dance, ballgames/basketball, swimming, out-door activities/adventure, parkour, CrossFit, surfing etc.
- to observe sports and teaching methods in different settings like sports clubs, community programs, workplaces and schools
- to observe and teach sports for all programmes related to specific target groups
- to develop traditional sports games as a unique learning environment (the Gerlev Historical Play Park)
- to develop the understanding of democracy and life philosophy during sport
- to teach and promote teaching methods in Sports for All

Teaching staff

The international group will meet the teachers and coaches from Gerlev P.E. and Sports Academy. Beside that instructors from Gerlev's Historical Play Park are involved together with researchers



from the Institute for research in Sport, Health and Civil Society, University of Southern Denmark, situated in the academy. Both Institutions are unique in Europe.

Lecturers, coaches and sports politicians from the Parliament and Sports organizations will also share their knowledge with the international group.

International Certificate

The students who fulfil the 18 weeks International Sports for All Leaders Education will receive an International Certificate from Gerlev P.E. and Sports Academy to document and describe the content of the education.

Language:

The International Sports for All leaders Programme will be held in English language.

Examples of theoretical lessons:

- Sports activities, theory and practice
- Sports pedagogical aspects
- Sports sociology
- Sports psychology
- Physical activity, Active Living-strategies and Health Promotion

During the stay there will be different excursions and cultural programme outside the Gerlev P.E. and Sports Academy, primarily to Copenhagen and Odense.

We do expect the students to be highly motivated with a great commitment.

We expect self-discipline, responsibility and a great deal of energy. Furthermore, we of course expect the students to follow the general rules of the Academy. The management holds the right to expel students for disciplinary reasons.

Price:

Thanks to public funds in Denmark and economical support from Gerlev P.E. and Sports Academy the international students will have the opportunity to pay no more than:

- DKK 5,400 in tuition during the stay (normally DKK 32,050).
- DKK 3,800 for a mandatory trip abroad.
- DKK 2,700 for teaching materials

The main sport subjects arrange various trips abroad which are **not mandatory** for international students. The trips this year are as follows:

- Dance goes to a European destination: DKK 5,700
- Parkour goes to a European destination: DKK 5,300
- MoveOut goes to Southern Europe: DKK 4,900
- Basketball goes to Barcelona: DKK 4,900
- Surfing goes to Bali for three weeks: DKK 22,000
- CrossFit goes for a small study tour in Denmark: DKK 1,500

Students must pay their own travelling expenses to and from the academy – and bring their own pocket money. Students must also arrange their own health insurance which must cover the first six weeks of the course. During the rest of the time you will be covered by the Danish public health insurance system.

Payment terms:

You may choose to pay the entire amount no later than August 1st **OR** you pay half the amount no later than August 1st and then divide the rest into to rates and pay during your stay.

The tuition and programme includes:

- accommodation in double or triple room (incl. cover sheets, etc.)
- daily food – 3 meals a day + 2 tea- and coffee-breaks
- the educational programme at Gerlev P.E. and Sports Academy
- all transportation to local or regional study tours in Denmark incl. cultural introduction to Danish historical and cultural sites
- textbooks and study materials
- Gerlev jacket and T-shirt

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Who can apply?

- You have to be a University Student
- You have to be interested in sport as performer or P.E. student
- You have to be able to communicate well in English – spoken and written
- It is absolutely necessary that you do not have long term injuries or other health problems when beginning the course

You can apply by filling in the application form.



Finn Berggren
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